ARE YOU A ROBOT OR A WIGGLER?

What those moves say about blokes

THE way men pull moves on the dancefloor reveals a lot about their personality, a study by Northumbria University revealed this week.

The latest line-up of celebs get into the swing of things on TV's Strictly Come Dancing on Saturday. So what better time to bring you the low-down on men's knees-ups from Dr Peter Lovatt, dance psychologist at Hertfordshire University. KATE WIGHTON reports.

Although lots of fun, large comedy actions such as this signal a man is not interested in sex – perhaps because he is already married – and may have low self-confidence.

Rehearsed comedy moves are usually unattractive to women as they find men most appealing when dancing naturally.

SUGGESTS an alpha-male type who likes to be in charge. For men, dancing has two functions – and this fulfils both. This move creates space for men, telling other blokes: 'I'm top dog here'. And secondly, it gets women to watch them.

HINTS at a geeky side and risks looking as though a person is trying too hard. This is a fun move, but anything that is choreographed almost becomes a bit technical. You can imagine people practising this in the mirror – it looks rehearsed and learnt.

SEXY dancing can signify a man thinks he is more attractive than he is. Singers do it well as they are trained to have incredible control over their body. But without this, it can look incredibly awkward and clumsy.

LARGE dance moves signify high self-confidence but also suggest a man thinks he's cooler than he is – and is trying to get in touch with his youth. They are trying to dominate other men and win attention. Such moves are attractive in men aged 20-35. Over this, they are unappealing dad-dancing.

THOUGH not the coolest move, if done in time to the music, this shows a man is very comfortable with himself. He has a healthy sense of humour and doesn't need to make a big scene. As men get older, smaller controlled movements are deemed more attractive than OTT actions.

Watch the different dance styles now at thesun.co.uk

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DAVID BRENT

WIGGLE

...blinked, you missed it – but yesterday was the moment when the date read: 5.6.7.8.9.10. The event, known as a Blue Day, occurred when 5 and 6.7 and 8.9 and 10. It will not be until 2047 and it will not be until 2122.

The sequence is worked out by Chris Nickel, a maths teacher at the Thomas Clarkson Academy in Wisbech, Cambs.